

SETTING HEALTHY BOUNDARIES

LIVE SESSION: TUESDAY, MARCH 21 • 11:00AM (CST)

In this upcoming webinar we will discuss setting healthy boundaries, providing examples of how this feels and sounds. Our presenter will share tools for creating the experience you want in relationships this year, and will explore how setting these boundaries actually builds resilience and fosters peace.



Katie Ozuna, LMSW, OSW-C, OPN-CG

Licensed Oncology Social Worker & Patient Navigator

Katie Ozuna, is a licensed oncology social worker and patient navigator with over 10 years of experience. Following her husband's cancer treatment, Katie dedicated her life to improving the cancer experience for all those impacted by a cancer diagnosis. She worked for a large 14-hospital healthcare system in Dallas/Fort Worth, implementing behavioral health research, developing psychosocial programming, and facilitating individual/group counseling. In addition, she's traveled throughout the country as a motivational speaker for cancer patients and caregivers.

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