

# CAREGIVER CONNECTIONS

Our Caregiver Connections virtual group provides people caregiving for a loved one with cancer a safe space to connect with others. This group is led by masters level social workers who provide emotional and practical support.

**THURSDAY, JULY 21, 2022 • 10:00-11:30am (CST)**

*The Effects of Cancer on Family Life*



## **Penny DeCou, LCSW, OSW-C**

Licensed Clinical Social Worker, Texas Oncology

Penny is a licensed clinical social worker at Texas Oncology – Austin Central. Penny received a bachelor of arts degree from the University of Melbourne (Australia) and her master of social work degree from the University of Illinois (Chicago, IL). She is a member of the Association of Oncology Social Workers (AOSW) and has specialized in oncology social work for more than 10 years. Along with Texas Oncology's Dr. Mikan, Penny partnered with the Yale School of Nursing's Screening for Psychosocial Distress Screening Program and was active in the design and implementation of Texas Oncology's Psychosocial Distress Screening Program in Central Texas.

### **SESSION DISCUSSION**

- Navigating changing roles when a loved one has cancer
- Coping styles in friends and family
- Tips to help everyone cope

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