

CAREGIVER CONNECTIONS

Is a free, ongoing virtual support group where people can share their personal experiences, ways of coping and helpful resources. We meet twice a month via Zoom and have a guest speaker at the start of the second meeting to provide you with additional information, insight and personal support.

WHEN WE MEET

Every 1st Thursday | 10:00-11:00am

Every 3rd Thursday | 10:00-11:30am

Dates	Session Details
January 6, 2022	1 st Thursday Full Hour Support Group Meeting
January 20, 2022	Topic: <i>New Year, New You!</i> Guest Speaker: Stephanie Broussard, MSSW, LCSW-S, APHSW-C
February 3, 2022	1 st Thursday Full Hour Support Group Meeting
February 17, 2022	Topic: <i>The Critical Importance of the Caregiver in Cancer Care</i> Guest Speaker: John L. Marshall, MD
March 3, 2022	1 st Thursday Full Hour Support Group Meeting
March 17, 2022	Topic: <i>Keeping Nutrition Wholesome</i> Guest Speaker: Nicole Hodac, MS, RDN, CSO, LD
April 7, 2022	1 st Thursday Full Hour Support Group Meeting
April 21, 2022	Topic: <i>Art Therapy</i> Guest Speaker: Kula Moore, MA, LPC-S, ATR-BC, CPRP
May 5, 2022	1 st Thursday Full Hour Support Group Meeting
May 19, 2022	Topic: <i>Planning for a Good Death: Leaving a Legacy</i> Guest Speaker: Kelly Hampton, LMSW

Register for FREE today at

texasoncologyfoundation.org/programs/support-groups