

CAREGIVER CONNECTIONS

Is a free, ongoing virtual support group where people can share their personal experiences, ways of coping and helpful resources. We meet twice a month via Zoom and have a guest speaker at the start of the second meeting to provide you with additional information, insight and personal support.

WHEN WE MEET

Every 1st Thursday | 10:00-11:00am
Every 3rd Thursday | 10:00-11:30am

Date	Session Details
November 19, 2020	<i>Navigating the Holidays as a Caregiver</i> With Guest Speaker: David Zuniga, PhD, MDIV, MA
December 3, 2020	1 st Thursday Full Hour Support Group Meeting
December 17, 2020	Topic: Selfcare With Guest Speaker: Stephanie Broussard, MSSW, LCSW, ACHP-SW
January 7, 2021	1 st Thursday Full Hour Support Group Meeting
January 21, 2021	Topic: Nutrition With Guest Speaker: Karen Smith, MS, RD, LD, CSO
February 4, 2021	1 st Thursday Full Hour Support Group Meeting
February 18, 2021	Topic: Intimacy With Guest Speaker: Tamika Felder, 19-Year Cervical Cancer Survivor
March 4, 2021	1 st Thursday Full Hour Support Group Meeting
March 18, 2021	Topic: Couples Managing Cancer With Guest Speakers: Katie Ozuna, LMSW, OSW-C, OPN-CG & Justin Ozuna, 16-year Chronic Leukemia Survivor
April 1, 2021	1 st Thursday Full Hour Support Group Meeting
April 15, 2021	Topic: Managing Cancer Costs With Guest Speaker: Jackeline Castillo, LCSW

Register for FREE today at
texasoncologyfoundation.org/programs/support-groups