



Survive & Thrive SYMPOSIUM

EMBRACING LIFE

after a cancer diagnosis

with Keynote Speaker
Ryan Anthony



SATURDAY, OCTOBER 12, 2019
8:00am - 3:30pm

Hughes Manor
2811 Washington Ave
Houston, TX 77007

For questions, please call
(972) 490-2930

FREE
Registration!

Meals and self-parking
included

Presented by

TEXAS ONCOLOGY
More breakthroughs. More victories.®

Cancer survivors, loved ones, caregivers and healthcare providers are invited to learn about survivorship skills at the Texas Oncology Foundation Survive & Thrive Symposium in Houston. Workshops and lectures will focus on wellness issues and create a dialogue around the survivorship experience.

National and regional experts will discuss topics such as:

- Late & Long-Term Effects of Treatment
- Nutrition
- Intimacy
- Communicating Cancer

Connect with others whose lives have been affected by cancer through:

- Art Therapy
- Goat Yoga

About Our Keynote Speaker

Ryan Anthony is noted for his career as a trumpet soloist, educator, chamber musician and orchestral player. The fall of 2012 brought a change to his career with a diagnosis of an incurable cancer. After a stem cell transplant for Multiple Myeloma he started The Ryan Anthony Foundation, using music to promote cancer research. The "CancerBlows" concerts have become an important vehicle for musicians and audiences to unite in finding a cure. Mr. Anthony is currently a Texas Oncology patient and continues his active career and life with his wife and two children using 'hope' as his motivation and inspiration for others.

Register today at SurviveThriveSymposium.com



Survive & Thrive
SYMPOSIUM

Saturday, October 12, 2019 | 8:00am - 3:30pm
Hughes Manor | Houston, TX 77007



Established in 1997, the Texas Oncology Foundation is a nonprofit organization dedicated to providing support to cancer patients in the communities where they live, work and receive treatment.

The Foundation provides programs that offer hope and encouragement to cancer patients and their loved ones through:

- Patient financial assistance
- Patient support and survivorship groups
- Patient and caregiver education
- Providing connections to existing local support services
- Supporting cancer research

Agenda

TIME	ACTIVITY
8:00 - 8:45 am	Registration & Light Breakfast
8:45 - 8:50 am	Welcome Anish Meerasahib, MA, MD
8:50 - 9:00 am	Embracing the Day
9:00 - 9:45 am	Keynote Address I “Cancer Blows” Ryan Anthony, Survivor
9:50 - 10:35 am	Art Therapy Directive Shani Bell, MAAT, LPC, ATR
10:40 - 11:40 am	Late & Long-Term Effects of Treatment Panel Gynecologic Oncology: Kristy Ward, MD, MAS Medical Oncology: Dhatri Kodali, MD Medical Oncology: Susan Escudier, MD Facilitator: Penny DeCou, LCSW
12:00 - 12:45 pm	Lunch Nutrition Nicole Hodac, MS, RDN, CSO, LD
12:50 - 1:35 pm	Breakout Sessions Intimacy After Cancer - Tamika Felder, Survivor Goat Yoga - Goat Yoga Texas
1:40 - 2:25 pm	Breakout Sessions Intimacy After Cancer Goat Yoga
2:30 - 3:15 pm	Communicating Cancer Katie Narvarte, LMSW, OSW-C, OPN-CG & Justin Ozuna, Survivor
3:15 - 3:30 pm	Concluding the Day

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