



Survive & Thrive SYMPOSIUM

EMBRACING LIFE

after a cancer diagnosis

with Keynote Speaker
Earl Young



SATURDAY, SEPTEMBER 21, 2019
8:00am - 3:30pm

Sheraton Arlington Hotel
1500 Convention Center Drive
Arlington, TX 76011

For questions, please call
(972) 490-2930

FREE
Registration!

Meals and self-parking
included

Presented by

TEXAS ONCOLOGY
More breakthroughs. More victories.®

Cancer survivors, loved ones, caregivers and healthcare providers are invited to learn about survivorship skills at the Texas Oncology Foundation Survive & Thrive Symposium in the Dallas/Fort Worth area. Workshops and lectures will focus on wellness issues and create a dialogue around the survivorship experience.

National and regional experts will discuss topics such as:

- Late & Long-Term Effects of Treatment
- Nutrition
- Intimacy
- Fear of Recurrence

Connect with others whose lives have been affected by cancer through:

- Laughter Yoga
- Art Therapy
- Telling Your Story

About Our Keynote Speaker

Earl Young is a survivor, a 1960 Olympic gold medal winner in the 1600 meter relay, an Abilene Christian University alumnus, and has served as an advisor, corporate officer, and director for companies/ organizations both here in the U.S. and abroad. In September 2010, Mr. Young was diagnosed with Acute Myeloid Leukemia and was a recipient of a Bone Marrow Transplant in January 2011. Since overcoming blood cancer, he has raised awareness for the need of bone marrow and stem cell donors through his foundation, Earl Young's Team. Because of the work of his foundation, nearly 14,000 donors have been registered and 40 people have received the transplant they've needed.

Register today at SurviveThriveSymposium.com



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SYMPOSIUM

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Established in 1997, the Texas Oncology Foundation is a nonprofit organization dedicated to providing support to cancer patients in the communities where they live, work and receive treatment.

The Foundation provides programs that offer hope and encouragement to cancer patients and their loved ones through:

- Patient financial assistance
- Patient support and survivorship groups
- Patient and caregiver education
- Providing connections to existing local support services
- Supporting cancer research

Agenda

TIME	ACTIVITY
8:00 - 8:30 am	Registration & Light Breakfast
8:30 - 8:50 am	Laughter Yoga Claire Billingsley, Certified Laughter Yoga Leader
8:50 - 9:00 am	Welcome & Embracing the Day
9:00 - 9:45 am	Keynote Address I “Two Most Defining Times of My Life” Earl Young, Survivor
9:50 - 10:30 am	Art Therapy Directive Kula Moore, MA, LPC, ATR-BC, CPRP
10:40 - 11:40 am	Late & Long-Term Effects of Treatment Texas Oncology Medical Panel
12:00 - 12:45 pm	Lunch Nutrition Caryn Fields, MS, RD, CSO, LD, CNSC
12:55 - 1:40 pm	Breakout Sessions Intimacy After Cancer - Tamika Felder, Survivor Fear of Recurrence - Katie Narvarte, LMSW, OSW-C, OPN-CG Telling Your Story - Justin Ozuna, Survivor
1:45 - 2:30 pm	Breakout Sessions Intimacy After Cancer - Tamika Felder, Survivor Fear of Recurrence - Katie Narvarte, LMSW, OSW-C, OPN-CG Telling Your Story - Justin Ozuna, Survivor
2:35 - 3:30 pm	Concluding the Day

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